

Sample Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						
Coffee, Tea, Milk, or Juice Oatmeal Fresh Fruit Egg of Choice Bread Cold Cereal of Choice Pancakes or Waffles	Coffee, Tea, Milk, or Juice Oatmeal Fresh Fruit Egg of Choice Bread Cold Cereal of Choice Pancakes or Waffles	Coffee, Tea, Milk, or Juice Oatmeal Fresh Fruit Egg of Choice Bread Cold Cereal of Choice Pancakes or Waffles	Coffee, Tea, Milk, or Juice Oatmeal Fresh Fruit Egg of Choice Bread Cold Cereal of Choice Pancakes or Waffles	Coffee, Tea, Milk, or Juice Oatmeal Fresh Fruit Egg of Choice Bread Cold Cereal of Choice Pancakes or Waffles	Coffee, Tea, Milk, or Juice Oatmeal Fresh Fruit Egg of Choice Bread Cold Cereal of Choice Pancakes or Waffles	Coffee, Tea, Milk, or Juice Oatmeal Fresh Fruit Egg of Choice Bread Cold Cereal of Choice Pancakes or Waffles
Lunch						
Grilled Chicken Sandwich Creamy Coleslaw Dessert of the Day Coffee, Tea, Milk, or Juice	Sweet Potato Fries Green Beans Hamburger on a Bun Dessert of the Day Coffee, Tea, Milk, or Juice	Chili Con Carne Cornbread Salad Bar Dessert of the Day Coffee, Tea, Milk, or Juice	Cheese Tortellini with Marinara Sauce Garlic Bread Italian Vegetable Blend Dessert of the Day Coffee, Tea, Milk, or Juice	Beef Vegetable Stew Mashed Potatoes Dessert of the Day Coffee, Tea, Milk, or Juice	Breaded Fish on a Bun Mixed Vegetables Dessert of the Day Coffee, Tea, Milk, or Juice	Hot Dog on a Bun Potato Salad Dessert of the Day Coffee, Tea, Milk, or Juice
Dinner						
Roast Beef Baked Potato Broccoli Florets Dessert of the Day Coffee, Tea, Milk, or Juice	Macaroni & Cheese Brussels Sprouts Dessert of the Day Coffee, Tea, Milk, or Juice	Baked Salmon Rice Pilaf Broccoli Florets Dessert of the Day Coffee, Tea, Milk, or Juice	Beef Stir Fry with Vegetables Fried Rice Dessert of the Day Coffee, Tea, Milk, or Juice	Seasoned Rice Green Beans Almondine Breaded Chicken Breast Dessert of the Day Coffee, Tea, Milk, or Juice	Garlic Bread Chicken Cacciatore Salad Bar Dessert of the Day Coffee, Tea, Milk, or Juice	BBQ Spare Ribs Garlic Roasted Potato Wedges Mixed Vegetables Dessert of the Day Coffee, Tea, Milk, or Juice